

CAREINGTON International
The Dental Network
GUIDE TO CARE POS SCHEDULES
EFFECTIVE JANUARY 1, 2003

ALABAMA (AL)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
350-354	Birmingham Tuscaloosa	CI-3
355-360	Huntsville	CI-2
361-362	Montgomery Anniston	CI-3
363-365	Dothan Mobile	CI-2
366-367	Montgomery Mobile	CI-3
368	Montgomery	CI-2
369	Bellamy	CI-3

ALASKA (AK)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
995-999	Anchorage Fairbanks Juneau	CI-10

ARIZONA (AZ)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
850	Phoenix	CI-4
852	Mesa Tempe	CI-4
853	Phoenix	CI-4
855-857	Tucson Globe	CI-4
859-865	Prescott Show Low Flagstaff	CI-4

ARKANSAS (AR)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
716-723	Little Rock Hot Springs	CI-6
724-726	Jonesboro Batesville Harrison	CI-6
727-728	Fayetteville Russellville	CI-6
729	Fort Smith	CI-6

CALIFORNIA (CA)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
900	Los Angeles	CI-9
901-907	Los Angeles Inglewood Santa Monica	CI-8
908	Long Beach	CI-8
910-911	Pasadena	CI-8
912	Glendale	CI-8
913-914	Van Nuys	CI-8
915-919	Burbank San Diego	CI-8
920-922	San Diego Palm Springs	CI-8
923-924	San Bernardino	CI-8
925-928	San Bernardino Santa Ana Anaheim	CI-8
930-932	Oxnard Santa Barbara Bakersfield	CI-7
933	Bakersfield	CI-7
934	Santa Barbara	CI-7
935-937	Mojave	CI-7
938	Fresno	CI-8
939	Salinas	CI-9
940	San Francisco	CI-8
941	San Francisco	CI-9
942-948	Sacramento Palo Alto San Mateo Richmond	CI-8
949-950	North Bay San Jose	CI-7
951-953	San Jose Stockton	CI-7
954-956	North Bay Sacramento	CI-7
957	Sacramento	CI-8
958-960	Marysville Redding	CI-7
961	Alturas	CI-9

COLORADO (CO)

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<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
800-803	Denver	CI-6
804-809	Boulder	CI-6
	Denver	
	Longmont	
	Brighton	
810-812	Colorado Springs	CI-6
	Pueblo	
	Alamosa	
813	Durango	CI-6
814	Grand Junction	CI-6
815	Grand Junction	CI-6
816	Glenwood Springs	CI-6

CONNECTICUT (CT)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
060-062	Hartford	CI-8
063	Southern	CI-8
064-065	New Haven	CI-8
	Southern	
066	Bridgeport	CI-10
067	Stamford	CI-6
068	Waterbury	CI-9
069	Stamford	CI-9

DELAWARE (DE)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
197	Wilmington	CI-12
198	Wilmington	CI-12
199	Wilmington	CI-12

WASHINGTON, D.C. (DC)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
200	Washington, D.C.	CI-6
202-204	Washington, D.C.	CI-7
205	Washington, D.C.	CI-6

FLORIDA (FL)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
320	Jacksonville	CI-4
321	Daytona Beach	CI-4
322	Jacksonville	CI-4
323	Tallahassee	CI-3
324	Panama City	CI-4
325	Pensacola	CI-4
326	Gainesville	CI-3
327	Sanford	CI-4
328	Orlando	CI-4
329	Orlando	CI-5
330-332	Miami	CI-6
	South Florida	
333	Fort Lauderdale	CI-6
334	West Palm Beach	CI-6
335-337	Tampa	CI-4
	Saint Petersburg	
338	Lakeland	CI-4
339	Fort Meyers	CI-5
341-342	Fort Meyers	CI-4
	Sarasota	
344	Gainesville	CI-4
346	Tampa	CI-4
347	Osceola	CI-4
349	Okeechobee	CI-4

GEORGIA (GA)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
300-301	North Metro Atlanta	CI-4
302-303	Atlanta	CI-4
304-307	Swainsboro	CI-3
	Athens	
308-311	Augusta	CI-4
	Macon	
	Atlanta	
312	Macon	CI-4
313-319	Savannah	CI-5
	Waycross	
	Valdosta	
	Albany	
	Jacksonville	
398	Blakely	CI-5
399	Atlanta	CI-4

HAWAII (HI)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
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967-968	Hawaii	CI-6
IDAHO (ID)		
Zip Code	Area Description	Schedule
832	Pocatello	CI-9
833	Twin Falls	CI-9
834-835	Pocatello	CI-9
	Lewiston	
836	Boise	CI-9
837	Boise	CI-9
838	Spokane	CI-10

ILLINOIS (IL)		
Zip Code	Area Description	Schedule
600	Palatine	CI-6
601-602	Carol Stream	CI-5
	Evanston	
603	Oak Park	CI-5
604	South Suburban	CI-5
605-608	Chicago	CI-4
	Fox Valley	
609	Kankakee	CI-3
610-611	Rockford	CI-3
612	Rock Island	CI-3
613	La Salle	CI-3
614-616	Galesburg	CI-3
	Peoria	
617	Bloomington	CI-3
618-619	Champaign	CI-3
620,622	Bethalto	CI-3
623	Quincy	CI-3
624-625	Effingham	CI-3
626-627	Springfield	CI-3
628	Centralia	CI-3
629	Carbondale	CI-3

INDIANA (IN)		
Zip Code	Area Description	Schedule
460-463	Indianapolis	CI-6

464-465	Gary	CI-6
	South Bend	
466	South Bend	CI-6
467	Fort Wayne	CI-5
468	Fort Wayne	CI-4
469	Kokomo	CI-4
470	Bath	CI-4
471	Central	CI-4
472	Columbus	CI-4
473	Muncie	CI-4
474-476	Bloomington	CI-5
	Washington	
	Evansville	
477	Evansville	CI-4
478	Terre Haute	CI-4
479	Lafayette	CI-4

IOWA (IA)		
Zip Code	Area Description	Schedule
500-503	Des Moines	CI-6
504	Mason City	CI-6
505-506	Fort Dodge	CI-6
507	Waterloo	CI-6
508	Creston	CI-6
509	Des Moines	CI-6
510-514	Sioux City	CI-6
	Sheldon	
515-516	Carter Lake	CI-6
520	Debuque	CI-6
521-528	Decorah	CI-6
	Cedar Rapids	

KANSAS (KS)		
Zip Code	Area Description	Schedule
660-661	Kansas City	CI-4
662-668	Topeka	CI-4
	Shawnee Mission	
	Fort Scott	
669-672	Salina	CI-4
	Wichita	

KANSAS (KS) (Continued)		
Zip Code	Area Description	Schedule
673-679	Independence	CI-3
	Salina	

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Hutchinson

049

Bangor

CI-10

KENTUCKY (KY)

MARYLAND (MD)

Zip Code	Area Description	Schedule
400-405	Louisville	CI-3
	Lexington	
406-412	Frankfort	CI-3
	London	
	Ashland	
413	Campton	CI-3
414-419	Pikeville	CI-3
	Hazard	
	Whitesburg	
420-422	Paducah	CI-3
	Bowling Green	
423-427	Owensboro	CI-3
	Eveanville	
	Somerset	
	Elizabethtown	

Zip Code	Area Description	Schedule
206	Southern Maryland	CI-6
207-210	Suburban DC	CI-6
211	Linthicum	CI-6
212	Baltimore	CI-6
214	Annapolis	CI-5
215	Cumberland	CI-4
216	Eastern Shore	CI-5
217	Frederick	CI-4
218	Salisbury	CI-5
219	Baltimore	CI-5

MASSACHUSETTS (MA)

LOUISIANA (LA)

Zip Code	Area Description	Schedule
700-701	New Orleans	CI-5
703	Houma	CI-3
704-708	Mandeville	CI-3
	Lafayette	
	Lake Charles	
	Baton Rouge	
710-711	Shreveport	CI-4
712	Monroe	CI-3
713-714	Alexandria	CI-3

Zip Code	Area Description	Schedule
010-011	Springfield	CI-6
012	Pittsfield	CI-6
013	Springfield	CI-6
014	Worcester	CI-6
015-016	Worcester	CI-6
017-018	Worcester	CI-6
	Middlesex	
019	Middlesex	CI-7
020	Brockton	CI-7
021	Boston	CI-9
022	Boston	CI-10
023-025	Brockton	CI-6
	Cape Cod	
026	Cape Cod	CI-7
027	Fall River	CI-7
055	Middlesex	CI-6

MAINE (ME)

MICHIGAN (MI)

Zip Code	Area Description	Schedule
039-045	Portland	CI-10
046-047	Bangor	CI-10
048	Portland	CI-10

Zip Code	Area Description	Schedule
480	Royal Oak	CI-5
481	Detroit	CI-5
482	Detroit	CI-4
483-485	Royal Oak	CI-4

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486-488	Flint	
489-491	Lansing	CI-8
	Lansing	CI-8
	Kalamazoo	
492-496	Jackson	CI-10
	Grand Rapids	
497-498	Gaylord	CI-8
499	Iron Mountain	CI-8

MINNESOTA (MN)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
550-551	Saint Paul	CI-10
553	Minneapolis	CI-5
554	Minneapolis	CI-11
555	Minneapolis	CI-5
556-558	Duluth	CI-4
559	Rochester	CI-5
	Mankato	
560-562	Willmar	CI-4
563-567	Saint Cloud	CI-4
	Thief River Fall	

MISSISSIPPI (MS)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
386-391	Greenville	CI-2
	Tupelo	
392	Grenada	CI-3
	Jackson	
393	Meridian	CI-2
394-395	Hattiesburg	CI-4
	Gulfport	
396-397	McComb	CI-3
	Columbus	

MISSOURI (MO)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
630-633	Saint Louis	CI-4
634,635	Hannibal	CI-3
	Kirksville	
636	Cape Girardeau	CI-3
637-638	Cape Girardeau	CI-3

639-641	Kansas City	CI-3
	Cape Girardeau	
644-645	Saint Joseph	CI-3
646-648	Chillicothe	CI-3
	Harrisonville	
	Springfield	
649-651	Kansas City	CI-3
	Jefferson City	
652-656	Springfield	CI-3
	Mid-Missouri	
657-658	Springfield	CI-3

MONTANA (MT)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
590	Billings	CI-7
591-592	Billings	CI-7
	Wolf Point	
593	Miles City	CI-7
594-598	Great Falls	CI-7
	Havre	
	Helena	
599	Kalispell	CI-7

NEBRASKA (NE)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
680	Omaha	CI-3
681	Omaha	CI-3
683-684	Lincoln	CI-3
685-691	Lincoln	CI-3
	Norfolk	
	North Platte	
692-693	Alliance	CI-3

NEVADA (NV)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
889-891	Las Vegas	CI-5
893	Ely	CI-7
894-897	Reno	CI-9
898	Elko	CI-7
961	Reno	CI-9

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NEW HAMPSHIRE (NH)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
030-036	Manchester	CI-11
	Concord	
037-038	Portsmouth	CI-11

NEW JERSEY (NJ)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
070	Newark	CI-7
071	Newark	CI-6
072	Elizabeth	CI-7
073-075	Jersey City	CI-6
	Patterson	
076	Hackensack	CI-7
077-083	Monmouth	CI-6
	West Jersey	
	South Jersey	
	Camden	
084-085	Atlantic City	CI-7
086	Trenton	CI-6
087	Monmouth	CI-7
088-089	Kilmer	CI-7
	New Brunswick	

NEW MEXICO (NM)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
870-875	Albuquerque	CI-6
877-882	Las Vegas	CI-6
	Las Cruces	
883	Carrizozo	CI-6
884	Tucumcari	CI-6

NEW YORK (NY)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
005	Holtsville	CI-13
063	Fishers Island	CI-8
100-104	New York City	CI-11
	Staten Island	
	Bronx	
105	Westchester	CI-10
106-109	White Plains	CI-10

	Yonkers	
	New Rochelle	
	Rockland	
110	Queens	CI-7
111-112	Long Island City	CI-7
	Brooklyn	
113	Flushing	CI-6
114	Jamaica	CI-6
115-118	Western Nassau	CI-8
	Far Rockaway	
	Hicksville	
119-123	Mid-Island	CI-9
	Albany	
	Schenectady	
124-126	Mid-Hudson	CI-9
	Poughkeepsie	
127-128	Glens Falls	CI-9
129-131	Plattsburgh	CI-9
132-142	Syracuse	CI-9
	Utica	
	Buffalo	
143-145	Niagara Falls	CI-9
146	Rochester	CI-9
147-148	Jamestown	CI-9
149	Elmira	CI-9

NORTH CAROLINA (NC)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
270-273	Greensboro	CI-10
	Winston-Salem	
274-275	Greensboro	CI-10
	Raleigh	
276	Raleigh	CI-10
277-278	Durham	CI-10
279-280	Rocky Mount	CI-10

NORTH CAROLINA (NC) (Continued)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
281-284	Charlotte	CI-10
	Fayetteville	
285-288	Kinston	CI-10
	Hiclory	
	Asheville	
289	Asheville	CI-10

NORTH DAKOTA (ND)

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<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
580	Fargo	CI-5
581-588	Fargo	CI-5
	Grand Forks	
	Devils Lake	
	Jamestown	
	Bismarck	

OHIO (OH)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
430	Columbus	CI-3
431	Columbus	CI-3
432	Columbus	CI-3
433-434	Columbus	CI-2
435	Toledo	CI-3
436	Toledo	CI-3
437-438	Zanesville	CI-2
439	Steubenville	CI-3
440	Cleveland	CI-4
441	Cleveland	CI-4
442	Akron	CI-3
443-444	Akron	CI-2
445	Youngstown	CI-3
446-448	Canton	CI-3
	Mansfield	
449-450	Mansfield	CI-3
	Cincinnati	
451	Cincinnati	CI-3
452-453	Cincinnati	CI-3
454	Dayton	CI-4
455-456	Springfield	CI-3

OHIO (OH) (Continued)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
457	Athens	CI-3
458	Lima	CI-3
459	Cincinnati	CI-3

OKLAHOMA (OK)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
730-732	Ardmore	CI-3
734	Oklahoma City	CI-3

735-740	Lawton	CI-3
	Clinton	
741-743	Tulsa	CI-3
744	Muskogee	CI-3
745	McAlester	CI-3
746	Ponca City	CI-3
747	Durant	CI-3
748	Shawnee	CI-3
749	Poteau	CI-3

OREGON (OR)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
970	Portland	CI-8
971-972	Portland	CI-8
973-976	Salem	CI-9
	Eugene	
977-979	Bend	CI-9
	Pendleton	

PENNSYLVANIA (PA)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
150-151	Pittsburgh	CI-4
152	Pittsburgh	CI-3
153	Pittsburgh	CI-3
154	Pittsburgh	CI-3
155-156	Johnston	CI-2
	Greensburg	
157	Johnston	CI-3
158	Dubois	CI-2
159-161	Johnston	CI-3

PENNSYLVANIA (PA) (Continued)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
162-163	New Castle	CI-3
	Oil City	
164-165	Erie	CI-3
166	Altoona	CI-3
167	Bradford	CI-2
168-174	Altoona	CI-3
	Lancaster	
	York	
175	Lancaster	CI-3
176-177	Williamsport	CI-3
178	Harrisburg	CI-4

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179	Reading	CI-3
180	Lehigh Valley	CI-4
181	Allentown	CI-4
182	Wilkes Barre	CI-3
183-185	Lehigh Valley	CI-4
186	Scranton	CI-3
187-188	Wilkes Barre	CI-4
189	Scranton	CI-4
190-192	Philadelphia	CI-6
193	Southeastern PA	CI-4
194-196	Reading	CI-5

PUERTO RICO (PR)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
006-007	San Juan	CI-5
009	San Juan	CI-4

RHODE ISLAND (RI)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
028	Providence	CI-10
029	Providence	CI-10

SOUTH CAROLINA (SC)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
290	Columbia	CI-5
291-292	Columbia	CI-6
293	Greenville	CI-5
294	Charleston	CI-6
295	Florence	CI-7

SOUTH CAROLINA (SC) (Continued)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
296	Greenville	CI-7
297	Clover	CI-7
298-299	Beaufort	CI-7

SOUTH DAKOTA (SD)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
570	Sioux Falls	CI-5
571-577	Sioux Falls	CI-5
	Dakota Central	

TENNESSEE (TN)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
370	Nashville	CI-2
371	Mc Ewen	CI-3
372-378	Nashville	CI-3
	Chattanooga	
	Memphis	
	Johnson City	
379	Knoxville	CI-3
380	Memphis	CI-3
381-382	McKenzie	CI-2
383	Jackson	CI-2
384-385	Columbia	CI-2
	Cookeville	

TEXAS (TX)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
733	Austin	CI-4
750	Plano	CI-5
	Frisco	
	McKinney	
751-752	Dallas	CI-5
753	Dallas	CI-5
754-758	Greenville	CI-3
	Texarkana	
	Longview	
759	Lufkin	CI-3

TEXAS (TX) (Continued)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
760-762	Fort Worth	CI-4
763	Wichita Falls	CI-4
764	Fort Worth	CI-4
765-766	Waco	CI-3
767-768	Waco	CI-3
	Abilene	
769	San Angelo	CI-4
770-772	Houston	CI-6
773-774	Beaumont	CI-5
775	Pasadena	CI-7
776-777	Beaumont	CI-4
778	Bryan	CI-4

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779	Victoria	CI-3	225-228	Richmond	CI-3
780	San Antonio	CI-3		Winchester	
781	San Antonio	CI-3		Culpepper	
782-784	San Antonio	CI-3		Charlottesville	
	Corpus Christi		229-231	Charlottesville	CI-3
785-786	McAllen	CI-4		Richmond	
	Austin		232-236	Norfolk	CI-3
787	Austin	CI-4		Richmond	
788	San Antonio	CI-3	237	Portsmouth	CI-4
789-791	Austin	CI-4	238	Richmond	CI-4
	Amarillo		239-242	Farmville	CI-3
792	Childress	CI-4		Roanoke	
793	Lubbock	CI-3		Bristol	
794-795	Lubbock	CI-4	243	Roanoke	CI-3
796	Abilene	CI-3	244-246	Lynchburg	CI-3
797	Midland	CI-10			
798-799	El Paso	CI-3			
885	El Paso	CI-3			

UTAH (UT)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
840	Salt Lake City	CI-7
841-843	Salt Lake City	CI-7
844-847	Ogden Provo	CI-8

VERMONT (VT)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
050-052	White River Junction	CI-9
053	White River Junction	CI-9
054-058	Burlington	CI-9
059	White River Junction	CI-8

VIRGINIA (VA)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
201	Dulles	CI-6
220	Northern VA	CI-5
221-222	Arlington	CI-5
223	Alexandria	CI-6
224	Richmond	CI-3

WASHINGTON (WA)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
980	Seattle	CI-10
981	Seattle	CI-10
982-983	Everett	CI-10
984-987	Tacoma Olympia	CI-10
988-991	Yakima Spokane	CI-12
992	Spokane	CI-12
993	Pasco	CI-12
994	Anatone	CI-12

WEST VIRGINIA (WV)

<u>Zip Code</u>	<u>Area Description</u>	<u>Schedule</u>
247-252	Bluefield Lewisburg Charleston	CI-6
253	Charleston	CI-6
254-258	Martinsburg Huntington Beckley	CI-6
259-264	Beckley Wheeling Parkersburg Clarksburg	CI-6
265	Fairmont	CI-6
266-268	Gassaway Petersburg	CI-6

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WISCONSIN (WI)

Zip Code	Area Description	Schedule
530-531	Milwaukee	CI-8
532-536	Milwaukee	CI-8
	Racine	
537	Madison	CI-9
538-539	Madison	CI-8
	Portage	
540	East Ellsworth	CI-8
541-543	Green Bay	CI-8
544	Wausau	CI-8
545-546	Rhineland	CI-8
	La Crosse	
547	Eau Claire	CI-8
548	Spooner	CI-8
549	Oshkosh	CI-8

WYOMING (WY)

Zip Code	Area Description	Schedule
820-830	Cheyenne	CI-8
	Yellowstone	
	Riverton	
831	Rock Springs	CI-8